

p a m p e r i n g

BEAUTY
AT
LOW
WOOD

REPÊCHAGE®
Spa De Beauté

the complete health experience



Facials

Repêchage® is a French word meaning 'to rescue or 'to give a second chance'. Since 1980 Repêchage® has developed a full range of skincare and bodycare treatments, products and make-up all based on select nutrient rich seaweed plants harvested from the Brittany Coast of France. The treatments and products are based on the latest skin science, with proven results and long term benefits.

Discover for yourself how Repêchage® can become your second chance for healthy beautiful skin. Repêchage® is a name synonymous with serious scientific skincare. We welcome you to experience great treatments provided by expertly trained therapists. We believe you deserve the best, and we will deliver the best skincare and service.

Facials – All facials include consultation, skin analysis, product advice and a hand and scalp massage.

The Hydra 4 Facial

Using soothing acupressure techniques this calms and protects the skin whilst decreasing sensitivity. Tightness and discomfort will be reduced whilst nourishing seaweed will retrain the skin to be less sensitive and built resistance to external factors.

Ideal for anyone with Sensitive Skin.

55 mins

£45.00



Hydra Refine Pore Perfecting Facial

Controls oil, rids skin of impurities and helps to eliminate future breakouts. Seaweed, lemongrass and cucumber leave the skin feeling refreshed, renewed and ultra clean, whilst minimising oily shine.

Ideal for combination/oily skins.

55 mins

£45.00

Renewal Facial

A refreshing treatment for dry, sun damaged skin. Fresh seaweed, a gentle marine hydroxy acid combined with natural fruit acids, exfoliate and renew leaving the skin supple and younger looking.

For dry, sun damaged skin.

55 mins

£45.00

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Luxury Facials

Hydra Medic Facial

Deep pore cleanses, purifies and controls breakouts whilst helping to prevent new ones from forming. Reduces oil from overly active sebaceous glands - whilst maintaining moisture balance, allowing cleansing, soothing and healing - refreshes and purifies.

Ideal for acne skins.

55 mins

£45.00



Hydra Dew Express Lift Moisture Mask "an alternative to botox®"

Provides immediate 100% in depth moisturisation and superior anti-oxidant protection.

Argireline Hexapeptide helps to give a virtual lift!

"A quick beauty fix that everyone will notice" – Harpers & Queen UK.

For normal to dry skin.

45mins

£40.00

Express Mini Facial including Opti Firm Eye Treatment

Excellent for dark circles, puffiness and anti-ageing. This treatment cleanses the whole face then enjoy a relaxing eye massage using firming cream with pentapeptides. This is followed by a lifting mask directly over the eyes - an amazing experience. Excellent for anyone with concerns around the eye area - and those for looking for a quick 'pick me up'.

30 mins

£35.00



Seaweed Facial on the Go

After seasonal changes your skin can suffer from dehydration, dryness or simply look dull in appearance. This antioxidant treatment with natural vitamins C, E, A and K and Beta Carotene will leave the skin visibly brighter with a healthy glow.

All skin types.

45 mins

£40.00

Microdermabrasion Facial - perfect skin restoration

For younger looking, smoother, softer and radiant skin.
Smooths away lines. Reduces pigmentation. Unclogs pores.
Improves overall condition of skin.

£75.00

(Course of 6 £300.00)

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Signature Facials



Signature Repêchage “Four Layer Facial”

1hr 10 mins

Gives instant dramatic results

The premier rejuvenating spa experience, layer upon layer of pure fresh European seaweed will tone, soothe and restore your complexion. Enjoy a cool hydrating seaweed mask followed by the grand finale, a thermal mineral rich mask, which will help you totally unwind and relax. Awake to a visibly renewed you, immediate results, long term benefits and an after glow that lasts.

Excellent for all skin types - the perfect treat.

£60.00



Vita Cura 5 Phase Firming Facial with Micropeel

1hr 10 mins

Provides an instant trigger to younger looking skin. Specifically designed to invigorate, lift and firm mature skin. An Enzymatic Micropeel helps to uncover a vibrant complexion. Two massages and a cool Spirulina Seaweed Mask with clinically proven bio-mimetic Pentapeptide firm and smooth the skin.

Then the skin is treated with Vita Cura Opti-Lift Serum for immediate and visible results. Long term benefits to preserve elasticity, improve oxygenation and help prompt cell renewal. The Vita Cura 5 Phase Firming Facial provides advanced skin repair, a true alternative to surgical rejuvenation.

Recommended for mature skin and sun damaged skin.

£65.00

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Make a day of it!

Exclusive offers to non-members - experience the delights of relaxation and well-being at the Low Wood Beauty Clinique. You may also use our extensive leisure facilities between 9.30am and 4.30pm. So that you may enjoy our Coffee Shop 'Cafe' del Lago' a 20% discount card will be issued for your visit.



Express Day

Back & Neck Massage
Mini Facial

Duration 1hr

£49.99

Stress Relief Programme

Seaweed Facial
Full Body Massage

Duration 2hrs

£89.99

Top to Toe

Honey Body polish inc. mini facial
Mini Manicure
Mini Pedicure

Duration 2hrs 30 mins

£125.00



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Body Treatments

Bringing the benefits of the sea to improve your skin, restore your energy and well-being. From as far back as Roman times bathing in the sea has been an effective 'therapy' as it is nutrient rich for health, circulation, pains and relaxation. Seaweed is excellent for detoxifying and de-stressing the body, whilst the skin is hydrated and pampered. You will be left looking and feeling fabulous.

All Repêchage Body Treatments include a Mini-Facial

"Peppermint Sea Twist"

1hr 10 mins

£60.00

Peppermint and seaweed combine together to create a stimulating and aromatic body shaping treatment that can be used over your entire body or on specific areas. This treatment is excellent for fluid retention, contouring and cellulite. Afterwards you will have renewed energy, feel lighter and feel very refreshed.

Ideal for firming, fluid retention, cellulite and lethargy.

"European Seaweed Body Treatment"

1hr 10 mins

£60.00

Body Therapy, a mineral rich seaweed mask, is applied to the whole body giving a warm tranquilising sensation that penetrates your skin to nourish, re-balance and re-mineralise.

After your wrap you are massaged to tone your skin and also relax your muscles.

Ideal for stress, detoxifying, sensitive skin and also good for rheumatism and arthritis.

"Honey Body Polish"

55 mins

£60.00

Indulge the body with pure honey, almonds and fresh buttermilk. A marvellous body cleanser based on an ancient Roman beauty ritual which is massaged into your skin, helping to purify and slough off dead skin cells. Finally, a luxurious seaweed cream is massaged into your body leaving the skin ultra touchable and silky smooth and glowing.

Ideal for pre-tanning, pre-wedding, pre-holiday and for total relaxation.



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Body Treatments

Thermal Contour Anti-Cellulite Body Treatment.

1hr 10 mins

Excellent to stimulate circulation and improve cellulite or joint problems. Invigorating massage, combined with mints and warm wax, will leave the skin smoothed and toned.

£75.00

“Sea Spa Glow”

55 mins

Exfoliation, or the removal of dead cells on the surface of the skin, promotes smoother, softer skin with an even tone and colour. Your skin looks and feels younger, energised and vibrant. Experience these skin perfecting benefits with a full body exfoliating treatment using Repêchage Sea Spa Glow. The Natural Sea Salts exfoliate your skin whilst the Olive Oil smoothes and rehydrates the skin. This natural formula removes dead skin cells, provides essential moisture and leaves skin looking its best feeling spring cleaned whilst you are totally energised.

Great for sun damaged, dull and dry skin.

£60.00



Pomegranate and Crab Apple Scrub

55 mins

Containing purest of cane sugar with potent anti-oxidants derived from organic pomegranate juice, organic whole cranberry and apple create a gentle, natural exfoliant that leaves the skin deliciously smooth and delectably radiant. The scrub is massaged onto your body, you are then cocooned for total relaxation. After the scrub is showered off a luxurious seaweed cream is massaged into your body leaving your skin ultra touchable, silky smooth and glowing.

Ideal for everyone especially clients with dry skin; also for pre-tanning, pre-wedding, pre-holiday and for total relaxation.

£65.00

Back Cleansing Facial

55 mins

Excellent for anyone with concerns over the appearance of their skin on their back. This is a facial for the back, the treatment includes cleansing, exfoliation, massage and a treatment mask.

Recommended for: Problem skin on the back.

£50.00

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The Future of Beauty

The CACI Difference

CACI International is an award winning company with expertise in the beauty industry that spans over a decade. Treatment results are so dramatic that CACI has become known as "The non-surgical face lift" and it is the first treatment system to offer a serious alternative to cosmetic surgery.

For best results a course of 10 is recommended within a 3 month period, this should be followed by a single treatment each month.



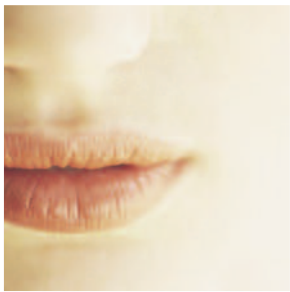
Face Lifting

CACI gently tightens and tones the muscles while smoothing the appearance of fine lines and wrinkles. CACI's dual tipped probes increase the effect on the muscle producing immediate and dramatic results.

Non Surgical Face Lift 1 hr 10 mins
Course of Ten (Recommended to be taken within 8 weeks)

£60.00
£450.00

The above treatment may be taken in conjunction with any Repêchage body treatment. When combining a Repêchage body treatment with the above a 20% discount will be applied to the CACI treatment.



The CACI Quantum is the most advanced face and body treatment system available and features specific programmes for Slimming, Contouring, Cellulite, Lymphatic Drainage, Face Lifting, Wrinkles, Acne and Scar Tissue. So whatever is your treatment area of concern, the CACI Quantum, partnered with our highly qualified therapist, has the solution.



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The Future of Beauty

Body Toning

The CACI quantum works to restore tightening and toning in sagging muscles

Slimming Treatment	25 mins	£30.00
Course of Ten	(Recommended to be taken within 8 weeks)	£250.00
Toning Treatment	5 mins	£30.00
Course of Ten	(Recommended to be taken within 8 weeks)	£250.00
Contour Treatment	25 mins	£30.00
Course of Ten	(Recommended to be taken within 8 weeks)	£250.00



Cellulite Treatment 25 mins
Course of Ten (Recommended to be taken within 8 weeks)
£35.00
£300.00

The above treatment may be taken in conjunction with any Repêchage body treatment.
When combining a Repêchage body treatment with the above a 20% discount will be applied to the CACI treatment.



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Beauty Treatments

Repêchage has created a line of products, which cater to every woman's needs. Colour Actif Lipsticks are made of essential oils from two select species of seaweed. The vitamin rich formula leaves lips velvety and soft. Foundation provides a perfect veil of colour while minimizing shine and allowing the skin to breathe naturally. Colour Actif provides an array of eyeshadow duos, blushes, pressed powders, pencils, mascaras and concealer.

Day/Evening Make-up 45mins

£30.00

Including Cleanse & Tone

One to One Make Up Lesson 1hr

£40.00

Bridal Make-Over 2 x 45mins

£50.00

Cleanse, Tone, Full make-up, Rehearsal make-up and "On the Day" make-up.

Eyes

Eyelash Tint – 24 hr Patch Test required before tinting. This test takes 5 minutes and must be undertaken at least 24 hours before tinting.

Eye Brow Tint

15 mins

£10.00

Eye Brow Shape

15 mins

£10.00

Tinting (Lash & Brow)

30 mins

£20.00

Eyelash Tint

30 mins

£20.00

Tint & Shape

30 mins

£20.00

Waxing

Speedy removal of unwanted body or facial hair. Using the latest cool honey wax. A smoother, softer alternative to shaving and longer lasting than cream. Safe, hygienic and suitable for all skin types. Lasts for 6 – 8 weeks.

Full Leg Wax inc Bikini

1hr

£30.00

Half Leg Wax

25 mins

£15.00

Under Arm Wax

15 mins

£10.00

Half Leg & Bikini

30 mins

£20.00

Half Arm wax

15 mins

£10.00

Eyebrow Wax

15 mins

£10.00

Lip & Chin Wax

15 mins

£10.00

Chest Wax

30 mins

£25.00

Back Wax

30 mins

£20.00

Bikini

15 mins

£10.00

Brazilian Wax

1hr

£40.00

(Hot Wax £2.50 supplementary charge)

(return within 6 weeks)

£25.00

Specialist treatment for permanent hair removal, using disposable sterile needles. Destruction of hair by using a special kind of current which cauterises the hair root.

Consultation (10 mins) – No Charge

Electrolysis

15 mins – £12.50

30 mins – £15.00



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Have you got a holiday or special occasion coming up?



Fake Bake Professional Spray Tan Including exfoliation

**25 mins
1 hr**

**£25.00
£50.00**

Enjoy a Fake Bake Spray Tan applied by a salon professional. Natural looking glow, instant results that last for days using the finest botanical ingredients. Unique pleasant fragrance.

Before

- We recommend you obtain a patch test, if you have never used any self-tanning products before or have sensitive skin.
- Do not use any other self tanning products 1 week before treatment.
- Wax or shave at least 24 hours prior to treatment.
- On the day of your Fake Bake treatment DO NOT wear any make-up, deodorant, perfume, body oils or lotions as these may react with the tanning agents in Fake Bake Spray Tan.
- Wear loose, dark clothing, sandals or flip flops.

After - Immediately after your spray tan:

- Wear loose clothing.
- Keep skin completely dry, avoid water contact.
- Do not apply any products over the developing tan.
- Allow tan to develop for at least 6/8 hours (overnight if possible).
- Avoid other beauty/hair treatments whilst tan is developing.
- Avoid activities that make you perspire.
- Drink hot beverages through a straw as contact with a hot cup can strip colour from around your mouth. Toothpaste can also strip colour while your tan develops.

Eye Lash Extensions

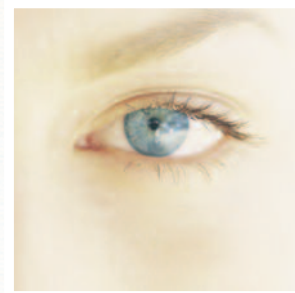
Lashes are made thicker and longer through professional application of an individual synthetic eyelash directly to your own natural eyelash.

Lash Perfect 2 hours £75.00

Infills 1 hour £40.00

For a perfect look every day. Individual Eyelash extensions for that special occasion. Ideal for holidays, special days and every day. The totally natural look and feel.

Only you will know they are not real!

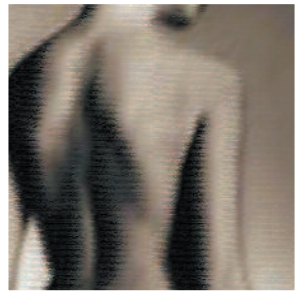


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Massage Treatments

Massage Treatments

Aromatherapy – Relaxing & Detoxifying. This luxurious treatment involves specialised pressure massage using oils blended for relaxation.



Aromatherapy Massage	55 mins	£50.00
Full Body Aromatherapy Massage & Face	1hr 10 mins	£55.00
Ultimate Back & Neck (Aromatherapy)	25 mins	£30.00

Sea of Cortez - The ultimate relaxation journey 1 hr 25 mins

Incorporating hot stone therapy placement and massage - first the back of the body is warmed and relaxed with the use of Aromatherapy Oils of Flora - next the senses are stimulated with ying yang action as you receive a refreshing hydrating facial treatment. The journey is completed with a hot stone massage to the front of the body along with scalp massage.

The treatment is truly an amazing experience - a journey that you will want to remember.

£75.00

Massage –

For relaxation and a way of relieving tension, why not try our massage? This can soothe aching muscles and improve the appearance of your skin. This traditional massage is suitable for clients requiring relief for tension, aches and pains.

Full Body Massage	55 mins	£45.00
Back & Neck	25 mins	£25.00
Full Body Massage & Face	1hr 10 mins	£50.00



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Hands and Feet

Nailtiques focus on every individual incorporating specific nail treatments to counteract your personal nail problems. All you have to do is pick from these two wonderful treatments, sit back and enjoy.



Manicures

Luxury Sea Spa Hand Manicure 55 mins £40.00

This vitamin, protein and mineral-rich seaweed treatment, combined with professional hand-massage, will completely hydrate, soften and nourish hands. Hands will look revitalised. 2 rich coats of nail polish complete the treatment.

French Manicure - additional 15 minutes to be booked in advance £7.50

Express Manicure 25 mins £25.00

Nail shape complete with 2 rich coats of nail polish.

Pedicures

Luxury Sea Spa Pedicure with a Twist 55 mins £40.00

Foot treatment offers the feet a relaxing, rejuvenating experience. This therapeutic treatment includes an invigorating foot and leg massage featuring our seaweed based foot cream to revitalise tired feet, adding energy to every step. Leaves feet soft, well groomed and healthy. 2 rich coats of nail polish complete the treatment.

Express Pedicure 25 mins £25.00



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Men's Grooming



Luxury Repêchage

Gent's Sea Spa Hand Treatment

45 mins

This vitamin, protein and mineral-rich seaweed treatment combined with professional hand-massage, will completely hydrate, soften and nourish hands. Hands will look revitalised.

£40.00

Luxury Repêchage

Gent's Sea Spa Foot Treatment

45 mins

Foot treatment offers the feet a relaxing, rejuvenating experience. This therapeutic treatment includes an invigorating foot and leg massage featuring our seaweed based foot cream to revitalise tired feet, adding energy to every step. Leaves feet soft, well groomed and healthy.

£40.00



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Men's Grooming

Gent's Grooming Facial

This facial will leave the skin visibly brighter, cleaner and more luminous with a healthy glow. The vitamin and mineral rich formula in the treatment reinforces the skin, leaving it stronger, more resilient and able to resist ageing from environmental factors. A facial massage eases the stress of daily life.

Recommended for: All Skin Types

55 mins

£40.00

Gent's Revitalising Body Treatment

1hr 10 mins

A marvellous body cleanser based on an ancient beauty ritual is massaged into the skin, helping to purify and slough off dead skin cells. Finally, a luxurious seaweed cream is massaged into the body leaving the skin touchable and smooth.

£60.00

**Full range of Massage Treatments
from only £25.00**



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Café del Lago

On the terraces and ground floor of the Club, you will find our Coffee House and Bistro, offering stylish yet informal surroundings overlooking the lake. An extensive menu offers something for everyone, from a range of pastries, to pastas and pizzas.

As a valued member, you will be entitled to a 20% discount on food, teas and coffees on production of your membership card.

Or, in the summer why not just sit outside on the terrace overlooking that fabulous view?



For your information

All treatments are performed to a very high standard of hygiene using only the best quality products, including Repêchage skincare and cosmetics, which are also available for Retail Sale.

If you have a particular problem you wish to discuss, please call into the salon, or telephone us without obligation; we will only be too happy to advise you.

- Open to Non Members - Free Parking
- Please allow 24 hours' notice of cancellation to avoid a 50% charge.
- To avoid disappointment please book in advance.
- Group bookings are required to pay a 50% deposit.
- An ideal present. Gift Vouchers are available for use against any treatment and are available at Reception.
- Members are entitled to a 20% discount on these prices (courses and spa days excluded).

To book an appointment simply phone and speak to Reception.

The Low Wood Beauty Salon, Low Wood, Windermere, Cumbria LA23 1LP

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Email: lowwoodclub@elhmail.co.uk www.elh.co.uk/beauty

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