



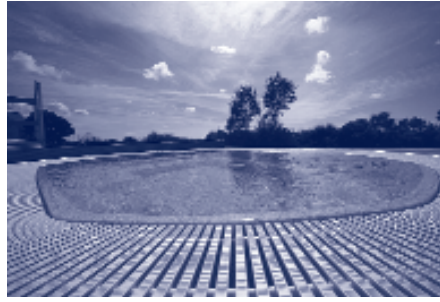
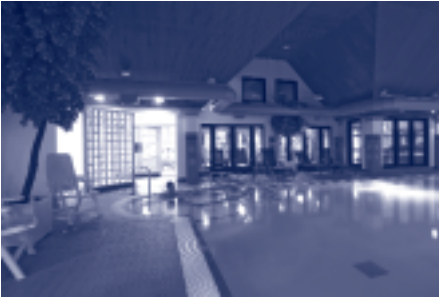
## Facials

Mini Facial	30mins	£20.00
Oh So Delicate	1hr 15mins	£35.00
Special Occasions	1hr 15mins	£35.00
Deep in Heaven	1hr 15mins	£35.00
Back in Time	1hr 15mins	£35.00
Libran	1hr 15mins	£35.00
Exotic Fruit Facial	1hr 15mins	£40.00
Seaweed Facial	1hr	£40.00
The Ultimate "Four Layer Facial"	1hr 15mins	£55.00
Deep Impact	1hr 30mins	£55.00

Tel: 01524 585185



See overleaf for Treatment details



## Facials

### Mini Facial

Ideal for clients on the go, this relaxing, deeply cleansing and balancing facial includes natural exfoliation and a stimulating massage.

### Oh So Delicate

Perfect for the most delicate of skins. Hypo-allergenic and specifically for skin which reacts easily, this treatment will calm and soothe and is truly an excellent choice for sensitive skin.

### Special Occasions

A lifting and firming facial therapy which is perfect before a special occasion, leaving your skin firmer, lifted and radiant.

### Deep in Heaven

Recover your skin's natural healthy glow with this excellent therapy. Using a powerful revitalising plant based mask, your skin will look clearer, fresher and healthier.

### Back in Time

Following a smooth exfoliation, your skin will be treated with a cocktail of Vitamins A (anti-ageing), C (anti-free radicals), E (protecting and renewing) and F (for total moisture care), a real boost to the skin!

### Libran

For skin which suffers with an excess of oil, this treatment will restore the skin's balance and PH, leaving it healthier and matte in appearance.

### Exotic Fruit Facial

Using the finest natural luffa seeds and purest of fruit flakes, this effective facial therapy will improve skin tone, smooth the skin and leave it fresh, clear and radiant.

### Seaweed Facial

Recommended by the Beauty Editors from many of the major magazines. After seasonal changes such as bad weather or hot summer sun, your skin needs re-hydrating, enjoy the vitamin and mineral rich formula in the treatment which reinforces the skin. A luxury facial massage completes the treatment.

### The Ultimate "Four Layer Facial"

Layer upon layer of pure, fresh European seaweed rejuvenates, tones and helps firm the skin. **Layer One** - A massage of seaweed filtrate, softens lines, add moisture and helps rebalance and tone skin tissues. **Layer Two** - A three movement facial massage is given with a hydrating formula. A seaweed mask mixed before your eyes is stroked onto your face and throat. **Layer Four** - The mineral mask is the grand finale. It creates its own gentle warmth to activate the properties of the seaweed mask beneath it. The results are impressive: younger looking skin with visibly renewed moisture and an afterglow that lasts. Just touch your skin, and feel the difference. Instant dramatic results.

### Deep Impact

A completely natural, but high-tech integral skin rejuvenation treatment. Excellent for skin which has dark spots, looks dull and tired. Also perfect for thicker skin. This treatment will give excellent visual results immediately. This treatment is complemented by a de-stress thermal back treatment using a 'self heating' mud which is placed down the spine and along the shoulders for a truly relaxing experience.

See overleaf for Facials Prices





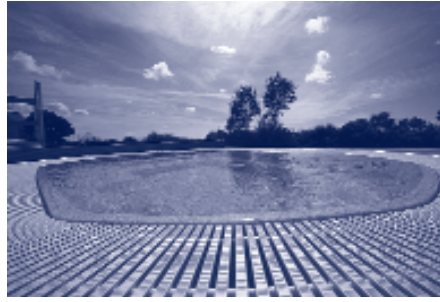
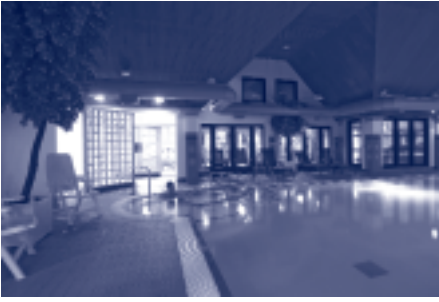
## Body Treatments

Exotic Orient		30mins	£30.00
Honey Body Polish		1hr 15mins	£40.00
European Seaweed Body Treatment		1hr 15mins	£45.00
Healthy Temptation (Naughty but Nice)		1hr	£45.00
Contour Body Wrap	Single	2hrs 15mins	£45.00
	Course of 3		£100.00
Sea Stone Therapy Massage		1hr	£50.00
The Magic of the Silk Route		1hr 45mins	£55.00

**Tel: 01524 585185**



**See overleaf for Treatment details**



## Body Treatments

### Exotic Orient

A full body exfoliation based on an incredible blend of the finest and most expensive spices in the world, together with oriental resins and woods, bamboo particles, poppy seeds & nutmeg. It provides hydrating and nourishing properties. **Leaves the skin feeling extraordinarily smooth.**

### 'Honey Body Polish'

Indulge the body with pure honey, almonds and fresh buttermilk. A marvellous body cleanser based on an ancient beauty ritual is massaged into the skin, helping to purify and slough off dead skin cells. Initially, a luxurious seaweed cream is massaged into the body leaving the skin touchable and silky smooth.

**Recommended for: An all over exfoliating treatment. Removes dead skin. Suitable whilst pregnant.**

### 'European Seaweed Body Treatment'

Based on the traditions of European Thalassotherapy, fresh seaweed is warmed and then smoothed over the body. Next a warm thermal blanket helps to relieve stress and invigorate sore, stiff muscles. Following your shower a relaxing full body massage completes the treatment. **A true French spa experience.**

### Healthy Temptation (Naughty but Nice)

Utterly delicious and perfect for those who love their chocolate! Deeply hydrating and nourishing to the skin. Treatment commences with a chocolate exfoliation followed by the application with massage of a chocolate wrap which 'self heats'. **Completely indulgent and totally calorie free.**

### Contour Body Wrap

This revolutionary body treatment will leave you feeling great and looking your best. With universal contour wrap you are guaranteed the loss of 6 inches in just 2 hours that will stay off for at least 30 days. But universal contour wrap offers you more than just guaranteed inch loss.

Toning and firming

Exfoliating and Cleansing

Detoxifying

Skin Tightening

**Everyone having their first full body wrap is entitled to the following guarantee:** You should lose a minimum of six inches or you will not be charged and you should maintain a loss of at least 6 inches for a period of 30 days or we will wrap you again free of charge. This is conditional on you following the after wrap instructions and not gaining any extra weight (thereby new inches) for the 30 days following the wrap.

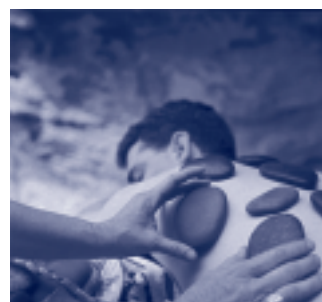
### Sea Stone Therapy Massage

An absolutely amazing experience! Anti-ageing, total wellness treatment; rejuvenates, firms and tones; relieves tension, stress and fatigue and improves overall well being. Hot Stones used to increase circulation, respiration and metabolism also to decrease pain, muscle spasms and stiffness, Chilling stones used to reduce inflammation and oedema and decrease pain and muscle sensitivity. **Recommended for: All skin types and age ranges.**

### The Magic of the Silk Route

One of the most complete rituals to enjoy a unique experience that transports you to the Far East. The treatment commences with the Exotic Orient Exfoliation, followed by an exquisite massage with essential oils, followed by the Placid Silk Wrap.... **highly indulgent and one of our most popular body therapies.**

See overleaf for Treatment Prices





## Massage, Tanning & Beauty Treatments

### Massage Treatments

Placid Paradise	1hr	£45.00
Turkish Delight	45mins	£35.00
Full Body Massage	50mins	£40.00
Back & Neck	25mins	£25.00

### Sol glo Tanning Treatments

Full Body Spray Tan	20mins	£15.00
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### Eyes

Eye Brow Tint	15mins	£8.00
Eye Brow Shape	15mins	£7.50
Tinting (Lash & Brow)	30mins	£15.00
Eyelash Tint	30mins	£12.00
Tint & Shape	30mins	£13.00
Day/Evening Make-Up	45mins	£25.00

including cleanse and tone

One to One Make-Up Lesson	1hr	£30.00
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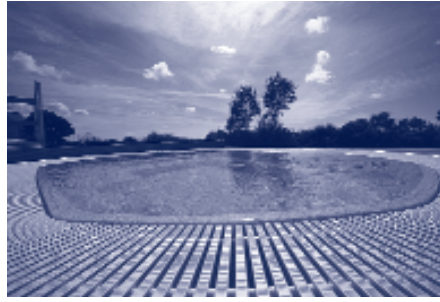
Bridal Make-Over	2 x 45mins	£45.00
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Cleanse, Tone, Full make-up, rehearsal make-up and "On the Day" make-up

**Tel: 01524 585185**



See overleaf for Treatment details



## Massage, Tanning & Beauty Treatments

### Massage Treatments

For relaxation and a way of relieving tension, why not try our massages. This can soothe aching muscles and improve the appearance of your skin. This traditional massage is suitable for clients requiring relief for tension, aches and pains.

### Placid Paradise

A highly relaxing massage treatment using our exquisite Oriental Oil, in conjunction with our specially spiced pindas.

### Turkish Delight

A completely indulgent treatment that is based on saffron with specialized massage rituals using silks and gentle body stretches. This will also include a relaxing back and neck massage as part of your ritual.

### Sol glo Tanning Treatments

Retail products available within the Sandpiper Club. Full Body Spray.

### ArtDeco Make Up

Retail products available within the Sandpiper Club.

### Eyes

Eyelash Tint - 24 hr Patch Test required before tinting. This test takes 5 minutes and must be undertaken at least 24 hours before tinting.

See overleaf for Treatment Prices





# Waxing and Hand & Feet Treatments

## Waxing

Full Leg Wax inc Bikini	1hr	£22.00
Half Leg Wax	25mins	£12.50
Under Arm Wax	15mins	£10.00
Half Leg & Bikini	30mins	£19.00
Half Arm Wax	15mins	£10.00
Lip Wax	10mins	£3.75
Chin Wax	10mins	£3.75
Lip & Chin Wax	15mins	£7.50
Chest Wax	30mins	£20.00
Back Wax	20mins	£18.00
Bikini	15mins	£8.50
Three Quarter Leg Wax	45mins	£8.50

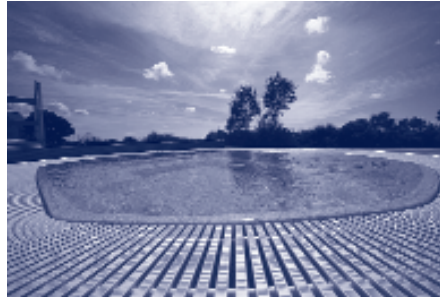
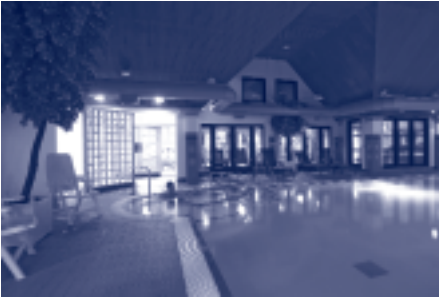
## Hands & Feet

Re Varnish, Shape	30mins	£12.00
Manicure Including Hand Massage	30mins	£17.00
With Polish	45mins	£20.00
Pedicure (Gena) Including Foot Massage	30mins	£20.00
With Polish	45mins	£23.00
The Luxury Manicure	1hr	£30.00
With Polish	1hr 15mins	£33.00
The Luxury Pedicure	1hr	£30.00
With Polish	1hr 15mins	£33.00

Tel: 01524 585185



See overleaf for Treatment details



## Waxing and Hand & Feet Treatments

### Waxing

Speedy removal of unwanted body or facial hair. Using the latest cool honey wax. A smoother, softer alternative to shaving and longer lasting than cream. Safe, hygienic and suitable for all skin types. **Lasts for 6 - 8 weeks.**

### Hands & Feet

Nailtiques® and Gena lead the industry in hand and feet care. All products contain a unique combination of natural proteins and conditioners which promote healthy nail growth and take the hard work out of caring for your nails, hands and feet.

### The Luxury Manicure

This vitamin, protein and mineral-rich treatment combined with professional hand-massage, will completely hydrate, soften and nourish hands. Hands will look and feel smooth, revitalized and youthful, (inc Hot Mitts).

### The Luxury Pedicure

This vitamin, protein and mineral-rich treatment combined with professional foot massage will completely soften and nourish feet. Leaves feet soft, well groomed and healthy.

See overleaf for Treatment Prices





## Spa Days & Men's Treatments

<b>Mini Pamper Day (Perfect first time Spa experience)</b> Mini Facial, Back & Neck Massage	1hr	£50.00
<b>De-stress (Chill me out please)</b> Full Body Massage - Seaweed Facial	2hrs	£80.00
<b>Pamper Me</b> Mini Facial, Back & Neck Massage, Manicure or Pedicure	2hrs	£80.00
<b>Heavenly (I feel in heaven)</b> Full Body Massage, The Ultimate 'Four Layer Facial', Manicure or Pedicure	3hrs	£100.00
<b>Indulge Me</b> Seaweed Facial including Back and Neck Massage, Luxury Repechage Manicure & Pedicure	3 hrs 30mins	£120.00

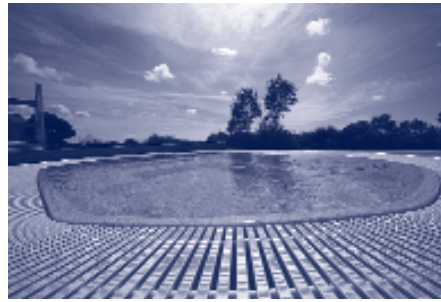
### Exclusively for Men

<b>All Out Clean</b>	1hr 30mins	£40.00
<b>New You</b>	1hr	£55.00

Tel: 01524 585185



See overleaf for Treatment details



## Spa Days & Men s Treatments

### Spa Days

All you need to relax and be spoilt can be found at the Sandpiper Leisure Club and Beauty Salon, so take the opportunity to enjoy a very special spa day.

The Sandpiper Club provides an ideal setting to make the most of a few hours, or a whole day of pampering.

As well as enjoying the delights of treatments and therapies, why not take advantage of the leisure club facilities, swimming pool, spa, sauna, steam room and solarium, or even the gymnasium.

Lunch in the Sandeman's Bar is also included.

### Exclusively for Men

#### All Out Clean

A Face and Body treatment to re-energize! Based on a cocktail of plant extracts and vitamins, this therapy has been designed to specifically meet the needs of men's skin, often irritated by the daily ritual of shaving. This facial therapy is combined with a 30 minute relaxing 'Chi-Zen' back massage, the perfect way to unwind!

#### New You

A completely natural, but high tech integral skin rejuvenation treatment. Excellent for skin which has pigmentation/dark spots, looks dull and tired. Also perfect for thicker skin. Excellent visual results immediately. This treatment is complemented with our Dynamic Thermal Back treatment, which uses a 'self heating' mud which is placed down the spine and across the shoulders for a truly relaxing experience.

See overleaf for Treatment Prices

