

## Desserts

<b>Wallings of Cockerham Ice Cream</b>	£6.00
choose three scoops from mint choc chip, blue banana, bubble gum, turkish delight, raspberry swirl, or rhubarb and custard, served with wafers, jelly beans and 100`s and 1000`s	
<b>Cheese Board</b>	£6.00
Blacksticks Blue, Creamy Lancashire, Wensleydale & Cranberries with homemade chutney, grapes, celery and biscuits	
<b>Lemon Tart</b>	£6.00
clotted cream and raspberry compote	
<b>Crème Brûlée</b>	£6.00
with a Shortbread biscuit	

## Afternoon Tea - served 3pm - 5pm

£14.00

A selection of Sandwiches served on white or brown bread

- Tuna Mayonnaise - red onion and chives
- Honey Roast Ham - sliced tomatoes
- Smoked Salmon and Cream Cheese
- Lancashire Cheese - homemade pickle
- Egg Mayonnaise and Watercress

Victoria Sandwich  
Chocolate Brownie  
Homemade Eclairs  
Scone – with homemade preserves and clotted cream

## Tea & Coffee

	Small	Regular
<b>Cappuccino</b> espresso topped with hot milk & foam	£2.80	£3.00
<b>Café Latte</b> espresso topped with hot milk and little a foam	£2.80	£3.00
<b>Americano</b> hot water topped with espresso	£2.80	£3.00
<b>Flat White</b> double Ristretto (concentrated shot) topped with flat steamed milk		£3.00
<b>Mocha</b> espresso, chocolate, steamed milk	£2.80	£3.00
<b>Hot Chocolate - Abyss</b> a luxury hot chocolate with marshmallows served on the side		£3.50
	Regular	Large
<b>Espresso</b> a shot of 'Tiki' coffee	£2.00	£3.00
<b>Macchiato</b> espresso marked with hot milk	£2.00	£3.00
<b>Cortado</b> espresso topped with the same amount of steamed milk	£2.00	£3.00
<b>Why not treat yourself to a liqueur coffee:</b> Irish, Gaelic, Calypso, Jamaican, Russian, French, Italian or Baileys		£6.00

All beverages are available decaffeinated and can be served with soy milk or skimmed milk.

The Sandeman's Bar is proud to supply a range of fantastic loose leaf teas from "Tea from the Manor"

- English Breakfast
- Decaf Earl Grey
- Peppermint Black
- Lapsang Souchong
- Red Berries
- Earl Grey
- Lemon & Ginger
- Vanilla Chai
- Passion Fruit, Guava & Mango
- Apple



# THE SANDEMANS BAR

## Our Sandemans Story

In 1790 the 25 year old George Sandeman, son of a Scottish cabinet maker with a £300 loan from his father set up in the port and sherry trade in London. His goal was to make a "moderate fortune to retire with" before the centuries end. This man ended up establishing one of the world's great wine businesses. He was the founder of Sandeman.

Today, more than 200 years after George Sandeman's creative impulse, an average of 21 bottles of Sandeman are bought worldwide every minute. Sandeman continues to renew itself and deepening its commitment to combine tradition with the quality and superior class of its wines.

In 1991, English Lakes Hotels Resorts & Venues were close to completion of their new hotel, Lancaster House. All that remained to be decided was a fitting name for the hotel's bar.

Whilst travelling home from a holiday in Jerez, English Lakes Operations Director, Douglas Dale, was sat beside a man whom, after enquiring into Mr Dale's occupation, was very interested to find that Lancaster House was being built only a stone's throw away from the home of a relative. This man was David Sandeman, at the time the Managing Director of Sandeman.

Mr Sandeman was delighted with the idea of naming our bar after his company and graciously accepted the offer to come and open the Sandeman's Bar, and brought with him the posters and Sandeman memorabilia still on display to this day.



# THE SANDEMANS BAR

## Light Snacks - served 11am till 10pm

Marinated Olives Chili and Garlic	£3.00
Salted Roasted Cashew Nuts	£2.00
Salted Pistachio Nuts	£2.00
Vegetable Crisps	£2.50
Soup of the Day your choice of two, with chunky bread and butter	£5.00
Parched Peas a local delicacies served hot with vinegar and cracked black pepper	£2.50
French Fries	£2.50
Onion Rings	£2.50
Sweet Potato Fries	£2.50
Pigs in Blankets	£2.50

## Traditional Sandwiches - served 11am till 10pm

All served on hand cut white or wholemeal bloomer bread with a side salad, homemade coleslaw and kettle chips

Tuna Mayonnaise red onion and chives	£6.00
Lancashire Cheese homemade Pickle	£5.50
Honey Roast Ham sliced tomatoes	£6.50
Smoked Salmon and Cream Cheese	£7.50
Egg Mayonnaise and Watercress	£6.00

Add French Fries or a bowl of Soup for £2.50

## Hot Sandwiches - served 11am till 10pm

All served with a side salad, homemade coleslaw and French Fries

Steak and Onions with horseradish sauce	£12.50
Cajun Chicken Strips strips of chicken breast marinated in a cajun spice	£11.50
Sandeman's Club Sandwich triple decker sandwich with bacon, chicken and tomato, lettuce & mayo	£12.00
Brie and Avocado with tomato chutney	£10.00
Blushing Bunny Welsh Rarebit with blended tomato and a splash of Sandeman's port	£10.00

## House Classics - served 11am till 10pm

Neves of Fleetwood "Fish and Chips" battered cod, skinny chips with homemade mushy peas & our very own tartar sauce	£13.50
Lancaster House Burger 4oz beef pattie, lettuce, tomato, served with coleslaw and French fries	£12.50
Add Blue Cheese	£1.00
Add Lancashire Cheese	£1.00
Add Bacon	£1.00
Add a 4oz Beef Pattie	£4.00
Lancashire Lamb Hot Pot slow cooked lamb with rosemary and mint served with sticky red cabbage and chunky bread	£15.00
Poached Salmon and Crayfish Salad mixed leaves, lemon and dill crème fraîche	£14.00
Grilled Goats Cheese Salad beetroot, green beans, peas and sun-blushed tomatoes	£10.50
Veggie Burger vegetable pattie, lettuce, tomato, onion ring served with coleslaw and French fries	£12.50

## The Menu below is served Monday till Saturday 12pm - 6pm

Chicken in a Basket breaded chicken pieces with cajun mayonnaise dip, salad and French fries	£13.50
Squid in a Basket salt and pepper squid with tartar sauce, salad and French fries	£14.00
Sandeman's Platter sliced meats, pork pie, pigs in blankets, Lancashire Cheese, Blacksticks Blue cheese, mixed leaf salad, chunky bread and butter	£13.50
Vegetarian Platter olives, sun-blushed tomatoes, sliced beetroot, Lancashire cheese, Blacksticks Blue cheese, celery, vegetable crisps, mixed leaf salad, chunky bread and butter	£10.50
Fish Platter smoked salmon, poached salmon, crayfish, Morecambe Bay potted shrimps, prawns, mixed leaf salad, chunky bread and butter	£12.50
Mixed Seafood Tagliatelle cooked with garlic and saffron cream, both served with garlic ciabatta	£15.00
Vegetable Tagliatelle cooked with garlic and saffron cream, both served with garlic ciabatta	£12.00
8oz Ribeye Steak the "Steak Eaters Steak" cut of meat with a rich marbling of fat that gives the full flavour. Best served medium to well done with French fries onion rings, sautéed button mushroom and grilled tomato	£19.00

## Side Dishes

• House Salad	• Sweet Potato Fries
• French Fries	• Onion Rings
• Seasonal Vegetables	