

THE Snug

Relax and be pampered

Skin Solutions

Optimal Skin Pro Facial

BRIGHTEN - REBALANCE - REVITALISE

TRI-PHASE CLEANSING TECHNOLOGY, IS ENHANCED WITH A CLARASONIC DEEP CLEANSE

60
MIN
£65

Re-Hydrator Facial

REBALANCE - HYDRATE - ANTI-AGING

AN INTENSIVE TREATMENT TO HELP THE SKINS ABSORPTION

60
MIN
£65

Skin Purifying Facial

ANTI-INFLAMMATORY - SOOTHE - BALANCE

INCLUDES ESSENTIAL TEA TREE & WHITE THYME OILS

60
MIN
£65

Personalised Express Facial

WITHIN THIS FACIAL YOUR THERAPIST WILL SELECT THE MOST SUITABLE FACIAL FOR YOUR SKIN AFTER CARRYING OUT A THOROUGH CONSULTATION

30
MIN
£40

Espe Body Treatments

A range of solution led ESPE body treatments and massages, each one designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits depending on your needs

Shoulder, Neck & Scalp Massage

FOCUSES ON KEY AREAS OF TENSION USING AN ESPE BODY OIL CHOSEN FOR YOUR SPECIFIC NEEDS

30
MIN
£38

Back, Neck & Shoulder Massage

TAILORED TO ADDRESS ANY AREAS OF CONCERN & USES THE MOST APPROPRIATE MASSAGE TECHNIQUES ALONG WITH AN ESPE BODY OIL TO SUIT YOUR NEEDS

*PLUS HOT STONES £10

30
MIN
£40

Invigorating Foot Treatment

A REVITALISING TREATMENT THAT HELPS REDUCE PUFFINESS & SOOTHE ACHES & PAINS

30
MIN
£38

Salt & Oil Scrub

A SKIN SOFTENING BODY EXFOLIATION, COMBINES SEA SALT WITH ESSENTIAL OILS

30
MIN
£38

Pamper & Combination Packages

OUR PACKAGES ARE DESIGNED TO REFLECT THE SEASONS - PLEASE ASK AT OUR RECEPTION FOR FURTHER DETAILS ON OUR CURRENT PACKAGES

More treatments overleaf



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“Needs Must” Treatments

EYE BROW TINT	£15
LASH TINT	£15
LASH & BROW TINT	£25
EYE BROW WAX	£15
FULL LEG WAX INC BIKINI	£35
FULL LEG WAX	£28
HALF LEG WAX	£22
UNDER ARM WAX	£15
HALF ARM WAX	£15
BIKINI WAX	£15
LIP & CHIN WAX	£15
CHEST WAX	£25
BACK WAX	£25



Manicures & Pedicures

SIMPLY FILE & POLISH HANDS (30 MIN)	£25
SIMPLY FILE & POLISH TOES (30 MIN)	£25
TWO IN ONE FILE & POLISH HANDS & FEET (60 MIN)	£40
TOTAL MANICURE (60 MIN)	£45
TOTAL PEDICURE (60 MIN)	£45
GEL REMOVAL (15 MIN)	£15
SHELLAC HANDS (45 MIN)	£30
SHELLAC FEET (45 MIN)	£30

More treatments overleaf