

Gym

This risk assessment covers the risk of coronavirus spread in front of house / guest facing environment. This risk assessment was created on 18th June 2020 and reflects the guidance issues by the HM Government. The coronavirus situation is dynamic and hazards and controls must be updated as government advice changes. In order for this risk assessment to be suitable and sufficient, then contents must be reviewed, controls amended to reflect the operation and then adopted. The use of a sign off sheet is recommended to record the adoption of the risk assessment and that findings of the risk assessment have been communicated to and understood by the relevant team.

Area/Task/Hazard:

Spread of COVID-19 from person to person, both from colleagues, guests and other visitors to this area.

COVID -19 is transmitted from small droplets that are created when infected persons sneeze or cough. These can be directly transmitted to another person or a surface and then transferred if a person touches their eyes, mouth or nose.

Groups at Risk:

- Colleagues
- Hotel Guests
- Contractors

Severity (A)	Major Injury/Serious Damage (5)	Likelihood (B)	Likely (10)	People (C)	6-50 People (2)
Calculation	Score: 5	X	Score: 10	X	Score: 2
Total Score:	100 Risk Rating - Very High (>100)				

Control Measures:

- **Distance between team members** - All team members must adhere to social distancing guidelines. If this cannot be achieved, then consider amending layout, ensuring that safety is not impacted. Staff MUST remind all guests if required the social distancing.
- **Distance between guests and team members** - Social distancing guidance is to be maintained and assisted by signage throughout informing guests of what is expected.
- No sweat towels or towelling to be allowed in the gym area. All users are to use individual paper towels, sanitiser provided and hand wipes.
- Users must utilise their own drinks container, no disposable cups will be available. Water station will have sanitise wipes to utilise by
- **Equipment** - All gym equipment has been re-arranged to ensure the social distancing rules are being adhered to. If spacing equipment or removing it from the fitness centre is not possible then we will limit the amount of equipment by creating out of order signage and unplugging the machine
- **Numbers** - We have implemented a maximum number of guests that can be present at once in the club and gym to aid social distancing. This will be monitored by the booking diary and team observation
- Doors and windows to be left open where possible and practical to allow ventilation as air-conditioning units are not allowed
- **Disinfection of equipment** - Team members will be responsible for all cleaning and sanitising all equipment and high contact points on a frequent basis and at the end of a block session. Users are required to clean down before and after use
- **Disinfection of touchpoints** - All touchpoint surfaces must be regularly disinfected with Virosol disinfectant spray in line the relevant COSHH guidelines (See attachment*)
- **Handwashing for the team** - Handwashing is recommended for all the conference team and must be done frequently. Supply of liquid soap and hot/cold water is in all public facilities. Hand sanitiser (minimum of 60%) will be provided to compliment hand washing but it is not a substitute
- **PPE** - It is considered necessary for all team members to wear company standard PPE as required, to control COVID-19 . If any of the team are displaying symptoms, they should report these to their line manager immediately.
- **Manual Handling** - Some manual handling tasks may require a two person lift or carry. This means team members potentially coming into close contact with one another. The task should be reviewed to consider if it is absolutely necessary or if an alternative approach can be used.
 - If the lift or carry is absolutely necessary, then minimise the time the team are in close proximity with one another - using gloves / mask. This can be achieved by ensuring the path is clear of obstructions and one person prepares the area ahead of the lift or carry.
 - Note - the lift or carry should not be rushed, as this could increase the likelihood of injury. It is about minimising the time team members are in close proximity to one another by preparing for the lift or carry.
- **Staff Uniform** - Uniforms are provided and they must be washed daily and only worn once.
- **Other mitigating factors** - increasing the frequency of hand washing and surface cleaning, including disinfection of high footfall areas or common touchpoints with particular attention to toilets/restrooms.
 - - keeping the activity time of any activity where social distancing cannot be maintained as short as possible
 - - using screens or barriers to separate people from each other
 - - using back-to-back or side-to-side working (rather than face-to-face) whenever possible
 - - reducing the number of people each person has contact with by using 'fixed teams or partnering'
- **Social Distancing** - Signage is visible to all guests. When team members are communicating with guests, they must maintain social distancing

- **Music** - throughout all guest areas music should be kept at an acceptable level
- **Waste Management** - All waste will be split into general and recycled. At the end of every shift the team members must dispose of their individual rubbish in the correct bins - ensuring they are wearing the correct PPE

If control measures are implemented and are effective the hazard can be categorised as:

Severity (A)	Minor Injury/Minor Damage (2)	Likelihood (B)	Possible (5)	People (C)	6-50 People (2)
Calculation	Score: 2	X	Score: 5	X	Score: 2
Total Score:	20				
	Risk Rating - Medium (20-49)				

Additional Specific Control Measures:

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Responsible Person Signature: **Emma Underwood** Date: **8/6/2020**